

# New Mexico Crisis and Access Line Array of Services- July 2025

## 1. Program Overview

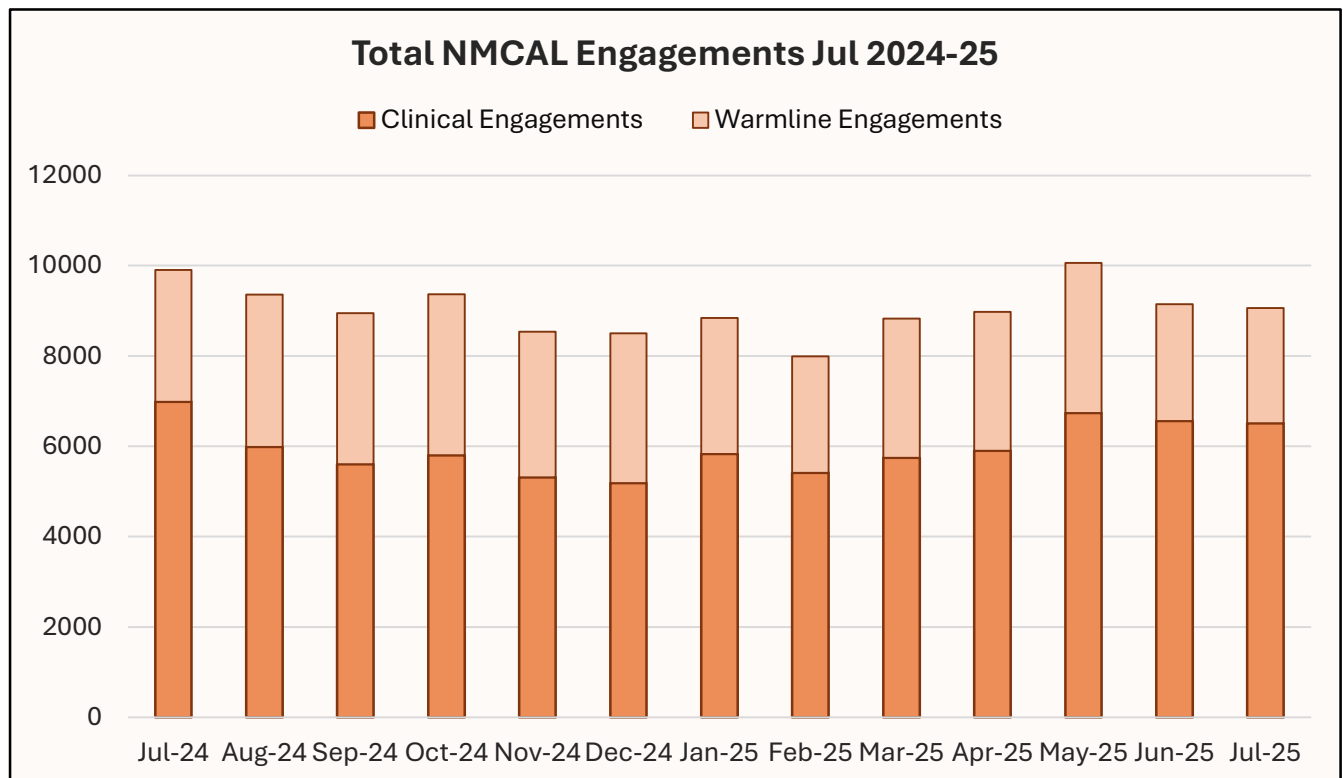
**Service Provider:** Protocol Services, Inc. operates NM Crisis and Access Line (NMCAL) 988 Life Line, and other crisis support lines on behalf of the NM Behavioral Health Services Division (BHSD) Health Care Authority(HCA).

**Services:** Provides crisis support through calls, texts, chats, and digital tools (e.g., NMConnect app, 5-Actions Program™) for mental health, substance use, and other behavioral concerns.

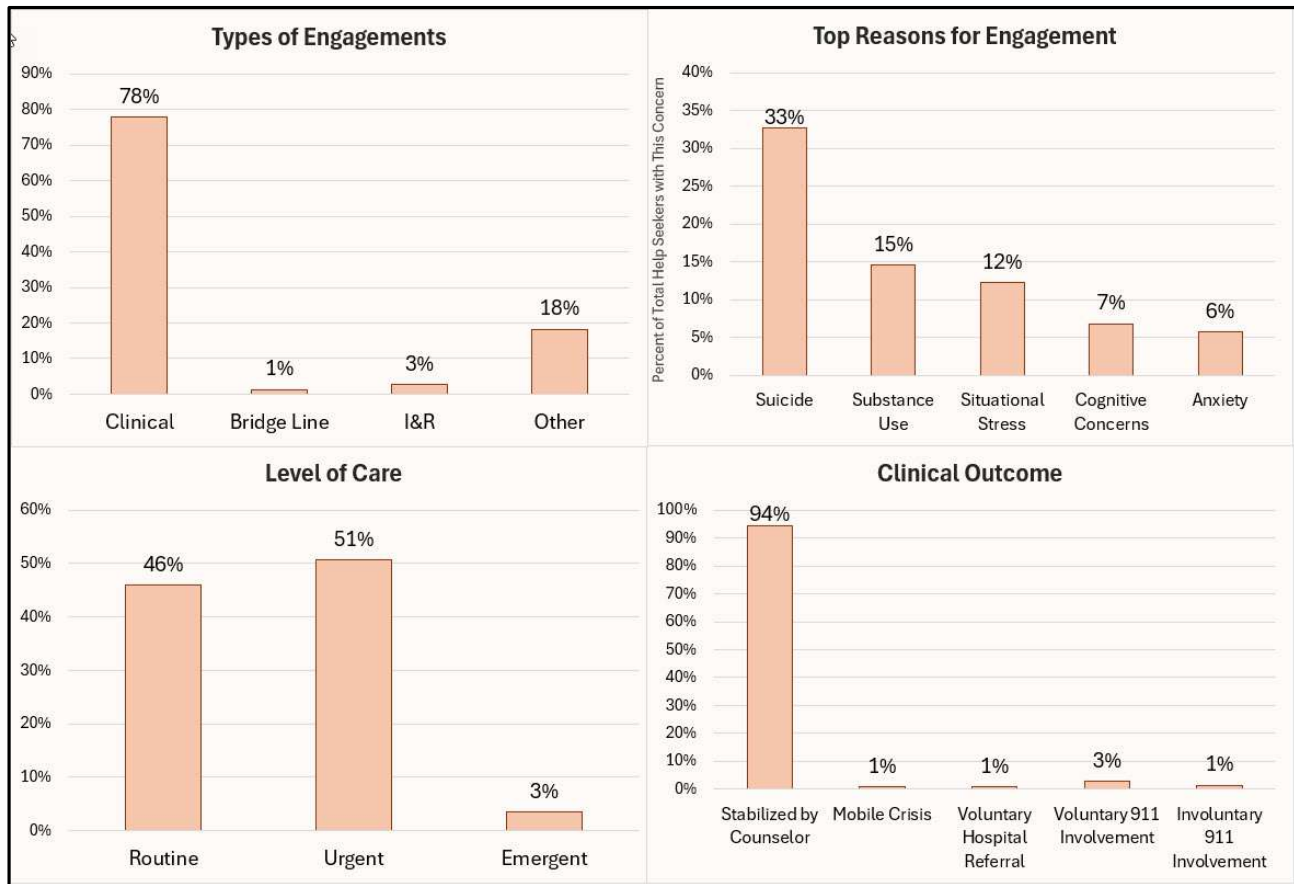
## 2. Trends to Note for the Month:

- This month marks the start of the new fiscal year. While many of our services remain unchanged, after-hours coverage for the Core Service Agencies is no longer funded by the state and is therefore not included in this report.

**3. NMCAL Utilization-** This represents the total engagements we handled each month across all NMCAL scopes. An engagement includes all attempts to support a help seeker in the moment; one engagement might consist of multiple contacts across inbound calls, outbound calls, texts, or chats. Contacts without a help seeker, such as hang-ups, are excluded.



**4. All Clinical Engagements (Calls, Chats and Texts)-** Detailed information related to the engagements handled by our trained counselors on NMCAL, New Mexico 988, and Rio Grande Bridge Intercoms.



**Call Handling Metrics:**

Average Inbound Call Length: 12.1 minutes  
 Service Level (percent of calls answered within 30 sec): 92.1%  
 Call Abandonment Rate: 2.2%  
 Average Speed of Answer: 13 seconds

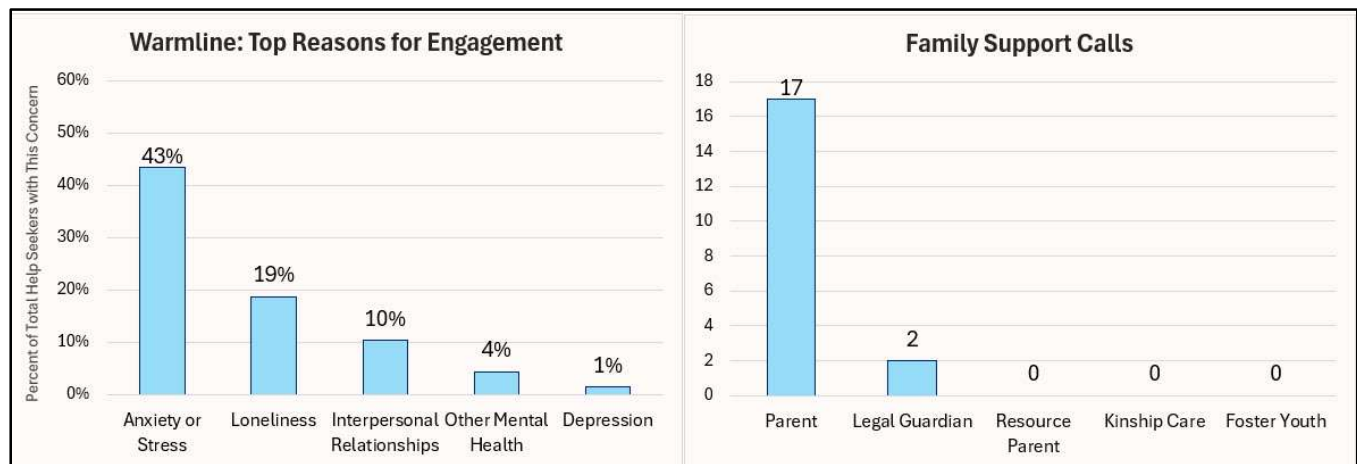
**Referrals Made:**

Person of Concern Referred to Services: 2076  
 Referral was Declined: 1054  
 Engagement was Emergent: 97

**Mobile Crisis Dispatch-** This reflects the times our staff dispatched or attempted to dispatch a mobile crisis team either directly or through a 911 contact center.

Successful dispatches: 64  
 Unable to dispatch: 11  
 Caller declined: 137

**5. All Warmline Engagements (calls and texts)-** The calls and texts received by our Certified Peer Specialists.



**6. NMConnect-** A digital self-help app where New Mexicans can get evidence-based mental health support.

Total Downloads: 254

Daily Active Users: 547

**7. 5Actions-** A subcontract with Digital Therapeutics Group, LLC (DTG) to provide a digital health and education tool that addresses addiction behaviors.

New Registered Users: 28

Total users all time: 1,862

**8. Highlights of Outreach and Marketing:** We partner with local health organizations, educational bodies, and community influencers to co-promote our array of services. They shared NMConnect, NM 5Actions, for their community's adding credibility and increasing reach. During community workshops, meetings and presentations at conferences, we used interactive slides, demos, and infographics. Attendees are encouraged to download the app in real-time using QR codes on presentation slides. We find that this hands-on engagement significantly boosts app downloads during these events.

- Tabled the Gateway West Resource & Career Fair
- Presented to New Day Shelter staff
- Tabled at A Path to Wellness Conference and Dr. John Fitzgerald presented the keynote
- Tabled at the 2nd Annual New Mexico High School Sports Summer Conference. We provided one presentation to 100 student leaders and another presentation to coaching staff.
- Tabled and presented at the St. Pius-I Can See You basketball tournament: Suicide Prevention Event
- Tabled at the YDI Backpack Event
- Tabled at the Back to School Bash and Care Fair
- Participated in the Governor's Challenge: New Mexico Site Day in coordination with DVS
- Participated in the Mobile Crisis Team Learning Collaborative

## 9. Engagements by County

| County     | Clinal Line Engagements | Warmline Engagements |
|------------|-------------------------|----------------------|
| Bernalillo | 1477                    | 917                  |
| Catron     | 8                       | 0                    |
| Chaves     | 58                      | 0                    |
| Cibola     | 21                      | 0                    |
| Colfax     | 19                      | 61                   |
| Curry      | 35                      | 0                    |
| De Baca    | 3                       | 0                    |
| Dona Ana   | 219                     | 201                  |
| Eddy       | 34                      | 1                    |
| Grant      | 42                      | 150                  |
| Guadalupe  | 1                       | 0                    |
| Harding    | 0                       | 0                    |
| Hidalgo    | 0                       | 0                    |
| Lea        | 26                      | 10                   |
| Lincoln    | 66                      | 18                   |
| Los Alamos | 21                      | 2                    |
| Luna       | 45                      | 7                    |
| McKinley   | 121                     | 22                   |
| Mora       | 4                       | 1                    |
| Otero      | 61                      | 0                    |
| Quay       | 6                       | 1                    |
| Rio Arriba | 49                      | 27                   |
| Roosevelt  | 22                      | 33                   |
| San Juan   | 216                     | 113                  |
| San Miguel | 45                      | 70                   |
| Sandoval   | 130                     | 70                   |
| Santa Fe   | 222                     | 211                  |
| Sierra     | 16                      | 92                   |
| Socorro    | 29                      | 0                    |
| Taos       | 37                      | 12                   |
| Torrance   | 9                       | 0                    |
| Union      | 12                      | 0                    |
| Valencia   | 86                      | 84                   |
| Outside NM | 90                      | 12                   |

## Definitions:

- New Mexico Crisis and Access Line (NMCAL): For the purposes of this report NMCAL represents the calls we get on our ten-digit phone line (1-855-662-7474).
- New Mexico 988 (NM988): For the purposes of this report NM988 represents the interactions we receive when New Mexicans dial 988. The only distinction between NMCAL and NM988 is the number dialed by the help seeker. These interactions are managed by the same counselors following the same procedures.
- Rio Grande Bridge Intercom: There are 10 intercom boxes on the Rio Grande Bridge. When people press the button on the intercom box they are connected to our counselors.
- Peer-to- Peer Warmline (Warmline): The Warmline is answered by certified peer support specialists in recovery from their own mental health diagnosis, family / parent peer support specialists who have raised a child with a mental health diagnosis and assisted the child in navigating access to support within the system of care, as well as resource foster parent peer supports who have cared for a youth participating in the resource foster system of care.
- Chat: Interactions from people who indicate they are in New Mexico after initiating a chat to 988 through <https://chat.988lifeline.org/>.
- Text: Interactions from people with 505 or 575 area codes who text “talk” to 988 or people who text the Warmline at 1-855-466-7100 between 6 and 11pm.
- Crisis line interactions: All calls, texts, and chats answered by our counselors through NMCAL, NM988, Core Service Agency after-hours, and the Rio Grande Bridge Intercoms.
- Call type: For crisis line interactions our counselors will determine the type of call based on what the caller is asking for as well clinical considerations.
  - Info & Referral: People looking for resources or connection to mental health services who decline in-the-moment support.
  - Other: These calls are follow-up calls from a previous call as well as calls that are discontinued before interventions take place. These calls include calls where the caller intended to reach a state agency.
  - Clinical: Calls where there is some thoughts of suicide or homicide, substance use concerns, or the caller accepts in-the-moment support.
- Level of Care: On all clinical calls our counselors will assign a level of care which indicates the level of risk on the call.
  - Routine: Low to no risk related to functional status, substance use, or safety.
  - Urgent: Moderate to serious risk related to functional status, substance use, or safety. Requires some immediate interventions around risk mitigation and safety planning.
  - Emergent: Severe to extreme risk related to functional status, substance use, or safety. Requiring immediate in-person intervention.
- Referrals: We offer connections to local resources or services to further support the caller after the call.
  - Yes: A referral was offered and accepted by the caller
  - Not offered: No referral or connection was offered. Which would include the following.
    - Not clinically indicated: When we intentionally do not offer a referral or connection based on clinical considerations on the call. This could include when offering a referral could break rapport.
    - Call ended unexpectedly: When the call is discontinued before we are able to offer a referral.
    - Referral not offered in error: This would capture when we don’t offer a referral although it was appropriate to do so.

- This was an emergent LOC: Any emergent LOC where there is a connection made to a hospital or EMS.