

New Mexico Crisis and Access Line - December 2013 Utilization Report

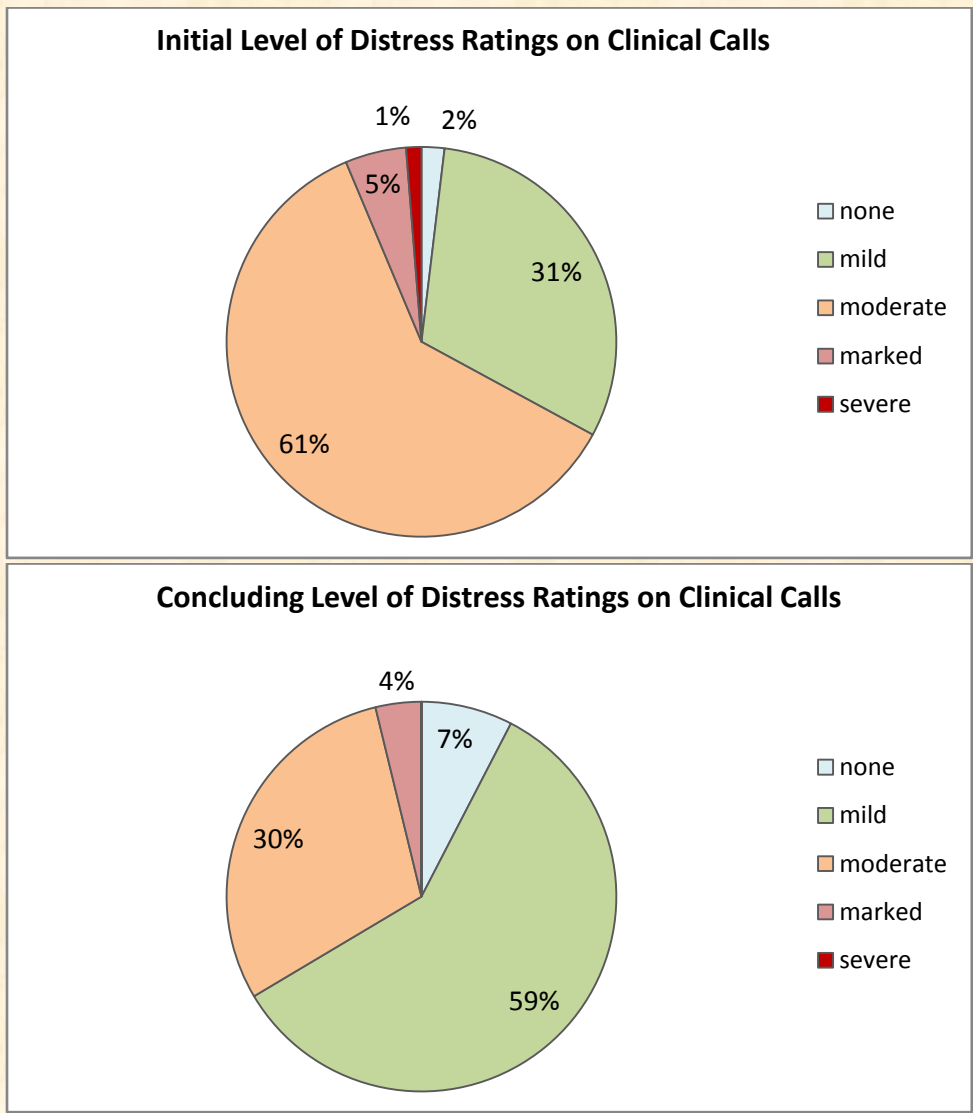
In December 2013, NMCAL handled 286 calls. Under separate contracts, an additional 365 calls were answered for CSA crisis lines in New Mexico.

December 2013: Calls Answered by Type	
NMCAL CALLS	286
Inbound Clinical Calls	189
- Calling about Self	147
- Calling about a Child	7
- Calling about another Adult	35
Outbound Calls	32
Information/Referral Calls	12
Seeking information about NMCAL	5
Administrative	5
Hang-ups/Wrong #s/Internal Test Calls	43
CALLS ANSWERED FOR CSA CRISIS LINES	365
TOTAL CALLS ANSWERED FOR NEW MEXICO	651

December 2013: NMCAL Utilization	
Total Calls Handled	286
Service Level (answered under 30 sec)	89.2%
Abandonment Rate	1.9%
Average Speed of Answer	14 sec
Average Call Length (all calls)	11 min
Average Call Length (Clinical calls)	15 min



NMCAL clinicians rate initial and concluding level of distress on every clinical call. Level of distress is based on both the caller's presentation or overt behavior, and on an assessment of their clinical situation. Even if a caller is not emotional or upset, their level of distress is rated higher if their clinical situation is acute.



In 68% of clinical calls, level of distress was initially rated as moderate or higher. In 56% of those calls, the level of distress was reduced by the end of the call.



Level of Care of Clinical Calls	
Routine	65%
Urgent	32%
Emergent	3%

Primary Presenting Problem in Calls	
Alcohol/Drugs	4%
Anger Management	2%
Anxiety	29%
Child	3%
Depression	14%
Family	3%
Grief/Loss	4%
Medication	2%
Relationship/Marital	6%
Suicide	9%
Other	24%

While it was not always the presenting issue, concerns related to suicide were reported on 37% of clinical calls. Concerns related to drug or alcohol abuse were reported on 27% of clinical calls.

For every clinical call, we track whether the situation could be stabilized by the clinician, or if a more restrictive level of care was necessary. Restrictive outcomes include caller voluntarily going to a hospital or calling 911, our transferring a caller to emergency services, making an abuse report, or dispatching police (with or without caller’s consent). These are the clinical outcomes of the NMCAL calls for December.



Clinical Disposition For All Counseling Calls

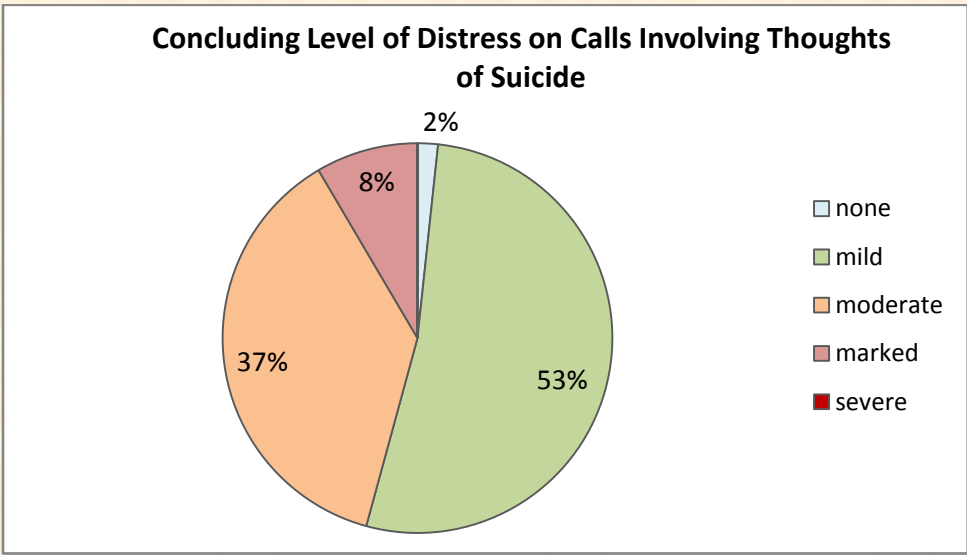
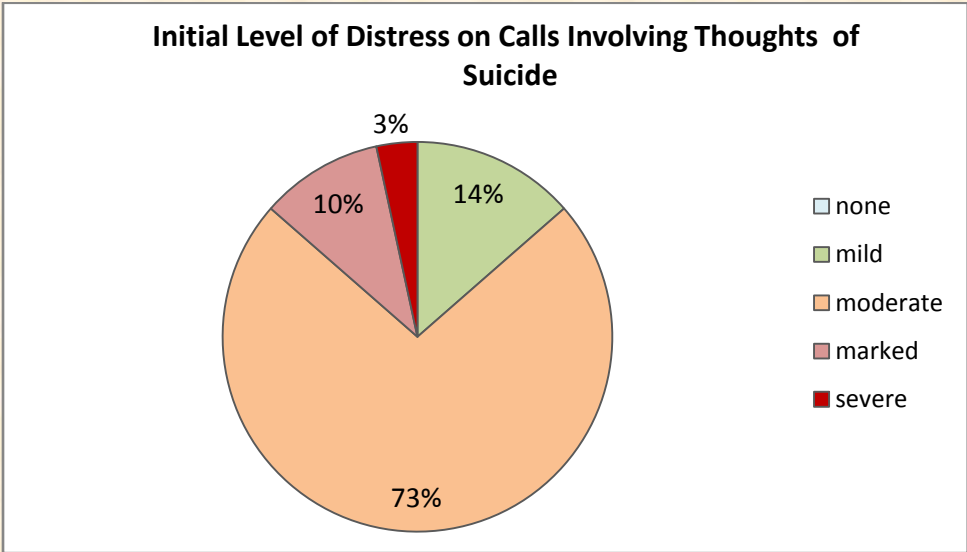
Caller stabilized by clinician, and referred to community resources if appropriate.	95%
Caller agreed to go to the hospital.	1%
Caller agreed to call 911 regarding immediate danger to a third party.	1%
Caller conferenced to 911 due to immediate danger.	2%
Clinician contacted police without caller's consent.	1%

In December, 59 NMCAL callers reported concerns about suicide – either for themselves, or for the person of concern. In 32 of these cases, the caller reported thoughts of suicide for him or herself. In 23 cases, the caller was relaying concerns about another adult. In 4 cases, the caller was relaying concerns about a child.

Clinical Disposition on Calls Involving Thoughts of Suicide

Caller stabilized by clinician, and referred to community resources if appropriate.	89%
Caller agreed to go to the hospital.	2%
Caller agreed to call 911 regarding immediate danger to a third party.	2%
Caller conferenced to 911 due to immediate danger.	5%
Clinician contacted police without caller's consent.	2%





In 86% of calls involving thoughts of suicide, the level of distress was initially rated as moderate or higher. In 57% of those calls, the level of distress was reduced by the end of the call.

